

## School Nurse

The Derbyshire School Nursing team works with children and Young People aged 5-19 offering a universal service which includes working in the community to support six key areas:

- resilience and wellbeing
- keeping safe
- healthy lifestyles
- maximising learning and achievement
- supporting health and wellbeing needs
- transitioning (to school, secondary school or to adulthood)

A targeted School Nursing service is also available to those who would like additional support which may include one-to-one work. If this is required, please complete the referral form which can be found on the Derbyshire School Nurses Website along with other useful information including ideas on how to support young people: [www.derbyshireschoolnurses.org.uk](http://www.derbyshireschoolnurses.org.uk)

There is a School Nurse Contact Number to leave a message on 01246 515100 and also a ChatHealth service which is a free and confidential text messaging service, approved by the NHS for Young People aged 11-19. This service is open Monday –Friday between 9am and 5pm. Young People can receive text messaging support from a School Nurse on Duty by texting 07507330025.